“Recovery Dialogues are structured discussion groups led by trained facilitators. The major focus of the group is re-building a positive self-image and strengthening the belief in one’s own abilities and potential for growth and recovery.”

Appalachian Consulting Group, Arizona

Recovery Partnership is a not-for-profit organization recognized by the Internal Revenue Service as having 501(c)3 Tax-Exempt status. Our organization provides individuals and their families with a method for voicing their praises and concerns regarding the behavioral health services they may receive; peer support services to individuals receiving behavioral health services; and we provide a safe, culturally sensitive environment to individuals in Lehigh and Northampton counties who are coping with or recovering from mental illness.

Support Individual Recovery and Strengthen Communities

**Mission Statement**

By working in a peer-to-peer collaborative partnership, we provide hope, support, and assistance to help our peers achieve individual goals and objectives, while fostering recovery in a community environment.
Recovery Dialogue groups start out with a topic of discussion and, therefore, are not considered the same as support groups, mutual support groups or self-help groups, because of the way group dialogues and interactions are handled. When a topic is discussed in a Recovery Dialogue Group, group participants are discussing and focusing on something other than themselves; a particular topic. Participants are encouraged to learn and draw from what they have already learned or what they have inside them.

Recovery Dialogue facilitators do not teach, but they listen and ask questions that help group participants explore their own answers as to what will work best for them.

The ultimate goal when Recovery Dialogues are used is to help people with a mental illness/psychiatric diagnosis understand and realize that there are things each person can do to help themselves get the life they want, thus helping them further their walk along their recovery journey.

Eligibility is limited to adults who reside in Lehigh or Northampton counties and are current or former recipients of mental health services. Groups are held at the Recovery Partnership Training Annex, which is easily accessible via public transportation. Individuals may self-refer or be referred by a licensed practitioner.

For assistance, please contact the Peer Services Program at (610) 861-2741

Referral forms and brochures for all of services can be found by accessing our website: www.recoverypartnership.org

“The best day of your life is the one on which you decide your life is your own. No apologies or excuses, No one to lean on, rely on, or blame. The gift is yours - It is an amazing Journey - and you alone are responsible for the quality of it.”

~ Bob Moawad